

# EUROPEAN FEDERATION OF INTERNAL MEDICINE



**EFIM**  
[www.efim.org](http://www.efim.org)

# AIMS, MISSION & OBJECTIVES



To promote the science and practice of internal medicine in Europe and worldwide



To issue policy statements and recommendations



To organise meetings and scientific congress and educational events



To provide postgraduate training and continuous professional development for internists in internal medicine



To provide information to private and public organisations

The principal objective of EFIM is to promote internal medicine on a scientific, educational, ethical and professional level and to support internists in providing better care for patients throughout Europe. The role of internal medicine within the healthcare systems of our countries is becoming increasingly important due to the comprehensive and holistic approach offered by internists.

The purpose of EFIM is to emphasise the importance of internal medicine in patient care in a world of increasing specialisation. Education, research and the promotion of internal medicine are at the heart of the EFIM mission. The European Congress of Internal Medicine, the European School of Internal Medicine and the Clinical Research Seminar are increasingly popular events, bringing together internists and internal medicine trainees from across Europe and around the world.

Internal medicine remains the cornerstone of every national healthcare system.

The Federation consists of national society members which are representative and recognised national scientific society for internal medicine (or its equivalent).

There are close links with the European Union of Medical Specialists (UEMS) Section of Internal Medicine and the American College of Physicians.

EFIM is represented at the European Medicines Agency (EMA) as a member of the Health Care Professionals Working Group (HSPWG).

# EFIM MEMBERSHIP

EFIM currently comprises **37 MEMBER SOCIETIES** representing **OVER 50,000 INTERNISTS**

COUNTRIES	ORDINARY MEMBERS	MEMBERS
1 AUSTRIA	Austrian Society of Internal Medicine	967
2 BELGIUM	Belgian Society of Internal Medicine	137
3 CYPRUS	Cyprus Federation of Internal Medicine	85
4 CZECH REPUBLIC	Czech Society of Internal Medicine	1072
5 ESTONIA	Estonian Society of Internal Medicine	97
6 FINLAND	Finnish Society of Internal Medicine	994
7 FRANCE	French Society of Internal Medicine	975
8 GERMANY	German Society of Internal Medicine	9448
9 GREECE	Internal Medicine Society of Greece	613
10 GREECE	Hellenic Society of Internal Medicine	800
11 ICELAND	Icelandic Society of Internal Medicine	220
12 ISRAEL	Israeli Society of Internal Medicine	448
13 ITALY	Italian Society of Internal Medicine SIMI	2978
14 FADOI ITALY	Italian Federation of Associations of Hospital Internists FADOI	2208
15 LATVIA	Latvian Society of Internal Medicine	333
16 NORTH MACEDONIA	Macedonian Association of Internal Medicine	170
17 MALTA	Association of Physicians of Malta	80
18 NETHERLANDS	Netherlands Society of Internal Medicine	2000
19 NORWAY	Norwegian Society of Internal Medicine	1980
20 POLAND	Polish Society of Internal Medicine	400
21 PORTUGAL	Portuguese Society of Internal Medicine	2419
22 ROMANIA	Romanian Society of Internal Medicine	300
23 RUSSIAN FEDERATION	Russian Scientific Society of Internal Medicine	988
24 SERBIA	Serbian Society of Internal Medicine	385
25 SLOVAKIA	Slovakian Society of Internal Medicine	506
26 SLOVENIA	Slovenian Society of Internal Medicine	220
27 SPAIN	Spanish Society of Internal Medicine	6300
28 SWEDEN	Swedish Society of Internal Medicine	1232
29 SWITZERLAND	Swiss Society of General Internal Medicine	5993
30 TURKEY	Turkish Society of Internal Medicine	1365
31 UNITED KINGDOM	Royal College of Physicians Edinburgh and London	2500
COUNTRIES	ASSOCIATE MEMBERS	MEMBERS
32 ALGERIA	Algerian Society of Internal Medicine	443
33 ARGENTINA	Argentinian Society of Internal Medicine	650
34 DOMINICAN REPUBLIC	Dominican Republic Society of Internal Medicine	800
35 LEBANON	Lebanese Society of Internal Medicine	190
36 MOROCCO	Moroccan Society of Internal Medicine	210
37 MEXICO	Mexican College of Internal Medicine	1200

2023 TOTAL

51956



EUROPEAN JOURNAL OF  
**INTERNAL  
MEDICINE**

Editor-in-Chief: **Prof. Giancarlo Agnelli**

## EUROPEAN JOURNAL OF INTERNAL MEDICINE

The European Journal of Internal Medicine is the official journal of the European Federation of Internal Medicine, affiliated EFIM national societies. It is the reference scientific publication for the European academic and non-academic internists. The journal encourages submission of original articles relating to Internal Medicine. The journal also publishes invited review articles on clinically relevant topics. It is published 12 times per year.



[www.ejinme.com](http://www.ejinme.com)



European Journal  
of Case Reports in  
Internal Medicine

Editor-in-Chief: **Dr. John Kellett**

## EUROPEAN JOURNAL OF CASE REPORTS IN INTERNAL MEDICINE

The European Journal of Case Reports in Internal Medicine is a free, online-only publication. The aim of the journal is to provide a forum for internal medicine specialists to describe interesting cases that present unusual aspects and complexities. It provides a valuable educational tool for young internists as well as an archive with the potential for developing further research in internal medicine. The journal's mission is to promote the best medical practice and innovation in the field of acute and general medicine. EJCRIM is indexed on PubMed Central, Google Scholar, DOAJ and COPE.



[www.ejcrim.com](http://www.ejcrim.com)

# EUROPEAN CONGRESS OF INTERNAL MEDICINE

## CALENDAR OF PAST AND FUTURE EVENTS

The Congress is held yearly and offers great opportunities for learning and sharing successful experiences in internal medicine as well as networking with peers. The European Congress of Internal Medicine is the only European event for healthcare professionals in the field of internal medicine.



# THE EUROPEAN SCHOOL OF INTERNAL MEDICINE

The European School of Internal Medicine (ESIM) was founded in 1998 by Prof. Jaime Merino with support from the Spanish Society of Internal Medicine. The primary goal of the school is to promote high-quality education for internal medicine trainees from EFIM members' societies. Secondly, and equally importantly, is to make the school a meeting point for European internal medicine trainees - a place for exchange, friendship and network building.

Trainees approaching the end of their training in Internal Medicine are selected and sponsored by their national societies to attend the school. There are usually 40-50 attendees at each school with 20-25 countries represented. As a result of the school's activities since 1998, nearly 1000 trainees have passed through ESIM. They now form the basis of the growing Young Internists network being developed by the Federation across Europe.



**ESIM Summer School**  
June 2023 • El Escorial, Madrid, Spain



**ESIM Winter School**  
January 2024 • Björkliden, Sweden

# EFIM EXCHANGE PROGRAMME



The EFIM Exchange Programme aims to provide opportunities for internal medicine trainees to develop their knowledge and skills. The Exchange Programme remains one of the principal activities of EFIM, providing internal medicine trainees with a wide range of learning experiences. It offers them an opportunity to enhance their global knowledge and skills, as well as understanding cultural differences. Each national internal medicine society can select up to three trainees to participate in the programme. EFIM and the Foundation for the Development of Internal Medicine in Europe (FDIME) support the Exchange Programme with ten scholarships per year. EFIM Exchange programme has been relaunched with 33 new hospital centers from 9 countries.



## EUROPEAN BOARD OF INTERNAL MEDICINE

Postgraduate training and continuous professional development for internists in internal medicine remains an important activity of EFIM. This is primarily accomplished through our work within the European Board of Internal Medicine (EBIM). The EBIM, a joint venture between EFIM and the UEMS Section of Internal Medicine, produced a European Curriculum of Internal Medicine. EBIM is currently working on developing the European Exam of Internal Medicine.

# EFIM WORKING GROUPS

The EFIM Executive Committee, with the approval of the General Assembly, can convene working groups to further specific aims of the Federation:



## ADULT VACCINATION WORKING GROUP - ADVICE

The primary aim of ADVICE Working Group is to document current adult vaccination practices and reimbursement strategies in EFIM member countries. The second aim is to increase awareness and to implement European practice guidelines on adult vaccination.



## CHOOSING WISELY WORKING GROUP

EFIM launched the 'Choosing Wisely' tool with the objective of discussing study methodology and an implementation plan to test whether this type of 'appropriateness approach' may have relevance for patient outcome and healthcare costs.



## CRITICAL APPRAISAL OF GUIDELINES WORKING GROUP

The main purpose of this Working Group is to appraise existing guidelines that relate to the most relevant topics in the internal medicine practice, in both hospital and outpatient setting.



## GENDER MEDICINE WORKING GROUP

Internal Medicine Assessment of Gender Differences in Europe (IMAGINE) Working Group aims to explore the gender-related differences in clinical presentation, diagnosis and treatment of clinical conditions in internal medicine. The IMAGINE Working Group will address unresolved questions relating to contributors to suboptimal disease management for women and men that could reduce the gender-based disparities experienced in health care.





## **MULTIMORBIDITY WORKING GROUP**

The aim of the working group is to promote the study of multimorbidity (MM) in Europe and to imagine build common European strategies to improve the knowledge and the management of patients with multiple chronic diseases from a holistic point of view. Further goals of the working group would be to gather data on Multimorbidity in European Internal Medicine departments, to gain and share scientific knowledge about Multimorbidity, increase the awareness on Multimorbidity among Internists across Europe etc.



## **PROFESSIONAL ISSUES AND QUALITY OF CARE WORKING GROUP**

This Working Group was re-launched to contribute to the evolution of internal medicine in Europe and to explore its diversity, barriers and opportunities. In addition, it will identify and disseminate the best strategies for monitoring and improving the quality of care, enhancing the standards of education and increasing the scientific affirmation of internal medicine.



## **ULTRASOUND WORKING GROUP**

The main objective of Ultrasound Working Group is to improve the diffusion and dissemination of point-of-care ultrasound (POCUS) in the clinical practice of internists in Europe. The first task of the Working Group is to produce a position document. This will identify clinical scenarios where ultrasound, applied at the point of care, may enhance diagnostic accuracy, assessment of prognosis or treatment monitoring. The Ultrasound Working Group will also define a POCUS training and proficiency framework.



## **WORKING GROUP ON TELEMEDICINE, INNOVATIVE TECHNOLOGIES AND DIGITAL HEALTH**

The main purpose of this working group will be to select the best practices about telemedicine already applied in Europe and in the world, drawing operational research projects on the impact of telemedicine in the management of chronic diseases and to set up a European Framework on Telemedicine.

# YOUNG INTERNISTS



**EFIM**  
**young internists**

EFIM Young Internists' Section is a continuously-enlarging network of trainees and young specialists in internal medicine across Europe. The Young Internists' Section promotes high-quality training in internal medicine and provides an opportunity to cooperate in clinical and research projects, to exchange ideas and to share experiences. The Young Internists' Section is the most valuable investment for the wellbeing and revitalisation of the profession in the future.

# EARLY CAREER SUBCOMMITTEE



The Early Career group at EFIM brings together specialists in Internal Medicine from across Europe who want to develop their professional and personal skills. Formed in 2019, the group aims to build a wide network of Early Career Internists across Europe (Internal Medicine specialists within 10 years of completing postgraduate training or specialisation in Internal Medicine).



[www.fdime.org](http://www.fdime.org)

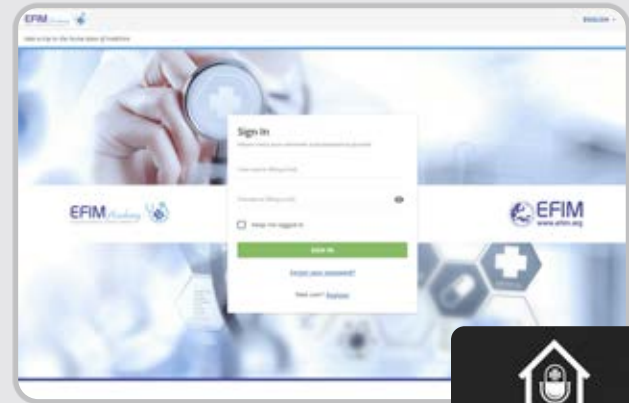
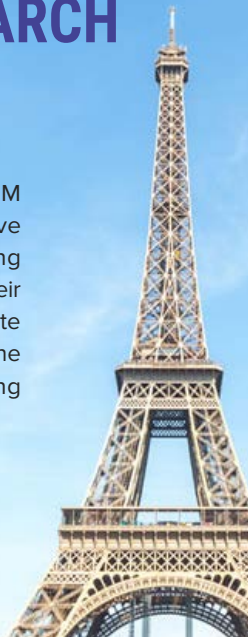
# FOUNDATION FOR THE DEVELOPMENT OF INTERNAL MEDICINE IN EUROPE

The foundation in Europe pursues a non-lucrative goal, supporting and developing internal medicine and promoting excellence in research and education. FDIME shares major objectives and activities with EFIM, particularly within the scientific field. Consequently, many activities of FDIME are linked to those of EFIM. FDIME offers grants to those internists interested in developing research in the field of rare diseases in adults, bursaries for the European Schools of Internal Medicine (ESIM) and grants for the best case reports during the European Congress of Internal Medicine.

## CLINICAL RESEARCH COURSE

The objectives of the FDIME/ EFIM Clinical Research Seminar are to give internal medicine trainees and young internists the opportunity to enhance their research skills, their ability to participate in clinical research, and to facilitate the development of a network of young clinical researchers within EFIM.

The Seminar is held annually in Paris.



[The Homebase of Medicine](#)

## THE EFIM ACADEMY IS AN EXCITING, INNOVATIVE ONLINE EDUCATIONAL PLATFORM.

The platform is a free-to-access online educational platform for Internal Medicine specialists, residents, trainees and all healthcare professionals pursuing a high quality, continuous learning objective. The Academy provides in-depth and up-to-date educational information on carefully selected and prioritised topics.

The Academy consists of formally structured e-learning modules, presentations, pre-recorded session videos, the Home of Medicine podcast and live-webinars along with the related documents in various formats. The EFIM Academy also has knowledge testing and community feedback capability.

Currently;

- ✔ **EFIM Academy online platform- 2194 users, 101 different countries**
- ✔ **Home of Medicine podcast - 50000 + downloads.**
- ✔ **39 e-learning modules**
- ✔ **16 Webinars**

# FELLOWSHIP PROGRAMME

Providing the Federation with a cadre whose responsibility is to uphold and expand the professional aspects of the Federation, and to help integrate the various national activities in internal medicine into the European scene.

For more information please contact EFIM Headquarter on [info@efim.org](mailto:info@efim.org).



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